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**SHANTHA GROUP OF INSTITUTIONS**

**SHANTHA PHYSIOTHERAPY COLLEGE (SCOP)**

**Types of Physiotherapy clinics**

**Physiotherapy clinics- Orthopedic & Sports**

1. **TKR and THR Clinics**
	1. Post surgery
	2. Pre surgery
	3. CBR
	4. Prevention
	5. Medical management combination therapy
	6. Orthotics and Prosthetics
	7. Functional training
	8. Compensation Therapy
	9. Diagnostics for pathomechanics
	10. Strength and conditioning
	11. Sports training
	12. Work and life training
	13. Work conditioning
	14. Modified work training and prescriptions
	15. Disability evaluation
	16. Non-operative conditions
	17. Age and changes treatments
	18. Ambulation evaluation and training
2. **Shoulder and knee and Ankle surgery clinics**

( Rotator Cuff surgery & Conditions, ACL Tear, Ankle ligament tear)

* 1. Post surgery
	2. Pre surgery
	3. CBR
	4. Prevention
	5. Medical management combination therapy
	6. Orthotics and Prosthetics
	7. Functional training
	8. Compensation Therapy
	9. Diagnostics for pathomechanics
	10. Strength and conditioning
	11. Sports training
	12. Work and life training
	13. Work conditioning
	14. Modified work training and prescriptions
	15. Disability evaluation
	16. Non-operative conditions
	17. Age and changes treatments
	18. Ambulation evaluation and training
1. **Sports injuries clinics**

( Abdominal tear, Muscle tear, Wrist and hand muscle and soft tissue tear, Tennis & Golfers elbow, dislocations and bursitis)

* 1. Post surgery
	2. Pre surgery
	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
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	14. Work conditioning
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	16. Disability evaluation
	17. Non-operative conditions
	18. Age and changes treatments
	19. Ambulation evaluation and training
1. **Fracture Clinic**

( Upper and lower extremity conditions)

* 1. Post surgery
	2. Pre surgery
	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
	13. Work and life training
	14. Work conditioning
	15. Modified work training and prescriptions
	16. Disability evaluation
	17. Non-operative conditions
	18. Age and changes treatments
	19. Ambulation evaluation and training
1. **Spine Clinic**

( Spinal segments, Spinal fracture, brachial plexus, lumbo-sacral plexus, medical conditions)

* 1. Post surgery
	2. Pre surgery
	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
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	14. Work conditioning
	15. Modified work training and prescriptions
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	17. Non-operative conditions
	18. Age and changes treatments
	19. Ambulation evaluation and training
1. **Progressive Conditions and MSK Clinic**

( Myofascial conditions, Trigger points, Sprains and Strains, fasciotomy, work strains, MV accidents, whiplash)

* 1. Post surgery conditions
	2. Pre surgery conditions
	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
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	17. Non-operative conditions
	18. Age and changes treatments
	19. Ambulation evaluation and training
1. **Manipulation therapy clinic**

 ( Spinal derangements, Disc lesions & Surgeries, Spinal segment rotations, spinal muscle tear, spinal immobility, strains)

* 1. Post surgery conditions
	2. Pre surgery conditions
	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
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**Neuro Physiotherapy Clinic**

1. **Spinal conditions clinic**

( Pott’s spine, spinal stabilization, spinal decompression, spinal deformities)

* 1. Post surgery conditions
	2. Pre surgery conditions
	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training/Mat Exercises
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
	13. Work and life training
	14. Work conditioning
	15. Modified work training and prescriptions
	16. Disability evaluation
	17. Non-operative conditions
	18. Age and changes treatments
	19. Ambulation evaluation and training
1. **Spinal cord injuries clinic**

( SCI, Medical Spinal cord Injuries- arachnoiditis, brown sequard syndrome, cauda equina lesions)

* 1. Post surgery conditions
	2. Pre surgery conditions
	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training/Mat ExercisesFunctional training
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
	13. Work and life training
	14. Work conditioning
	15. Modified work training and prescriptions
	16. Disability evaluation
	17. Non-operative conditions
	18. Age and changes treatments
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1. **Head injury Clinic**

( Decorticate and decerebrate conditions, trauma, aneurysm, tumor, craniotomy- partial & Total, hydrocephalus, Cerebellar lesions, Brainstem Injuries)

* 1. Post surgery conditions
	2. Pre surgery conditions
	3. CBR
	4. Sports conditions therapy
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	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
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	19. Ambulation evaluation and training
1. **Peripheral nerve lesions clinic**

( GBS, Polio, Infective neuropathy, alcohol neuropathy, nerve lesions, deformities, ANS dysfunctions)

* 1. Post surgery conditions
	2. Pre surgery conditions
	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training/Mat Exercises training
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
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	14. Work conditioning
	15. Modified work training and prescriptions
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1. **Paralytic conditions clinic**

(Hemiplegia, paraplegia, diplegia,monoplegia, quadriplegia, tetraplegia, spastic and flaccid and atonic)

* 1. Post surgery conditions
	2. Pre surgery conditions
	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training/Mat Exercises training
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
	13. Work and life training
	14. Work conditioning
	15. Modified work training and prescriptions
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	19. Ambulation evaluation and training
1. **Infection clinic**

( bacterial meningitis, infective encephalitis, neurotoxicity, botulism)

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	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
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	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
	13. Work and life training
	14. Work conditioning
	15. Modified work training and prescriptions
	16. Disability evaluation
	17. Non-operative conditions
	18. Age and changes treatments
	19. Ambulation evaluation and training
1. **Psychiatry clinic**

(Autism, Asperger’s syndrome, down syndrome, genetic disorder, chromosome disorders)

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	2. Pre surgery conditions
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	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training/Mat Exercises
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
	13. Work and life training
	14. Work conditioning
	15. Modified work training and prescriptions
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	17. Non-operative conditions
	18. Age and changes treatments
	19. Ambulation evaluation and training
1. **Pediatric conditions clinic**

( Hydrocephalus, cerebral palsy, cerebellar dysfunctions, Mental retardations)

* 1. Post surgery conditions
	2. Pre surgery conditions
	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training/Mat Exercises
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
	13. Work and life training
	14. Work conditioning
	15. Modified work training and prescriptions
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1. **Peripheral joint neuropathy clinic**

( Rheumatoid Arthritis, Stills Diseases, Pronator teres syndrome, meralgia prosthetics)

* 1. Post surgery conditions
	2. Pre surgery conditions
	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training/Mat Exercises
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
	13. Work and life training
	14. Work conditioning
	15. Modified work training and prescriptions
	16. Disability evaluation
	17. Non-operative conditions
	18. Age and changes treatments
	19. Ambulation evaluation and training
1. **Balance & Trauma clinic**

( Trauma & Violence conditions, fall prevention, balance disorders, Parkinsonism)

* 1. Post surgery conditions
	2. Pre surgery conditions
	3. CBR
	4. Sports conditions therapy
	5. Prevention
	6. Medical management combination therapy
	7. Orthotics and Prosthetics
	8. Functional training/Mat Exercises
	9. Compensation Therapy
	10. Diagnostics for pathomechanics
	11. Strength and conditioning
	12. Sports training
	13. Work and life training
	14. Work conditioning
	15. Modified work training and prescriptions
	16. Disability evaluation
	17. Non-operative conditions
	18. Age and changes treatments
	19. Ambulation evaluation and training

**Cardio-Respiratory Physiotherapy Clinic**

(cardiac and Pulmonary Rehabilitation- IHD, Valvular disorders, Septal defects, Obesity, Obstructive, congestive, restrictive conditions )

1. Post surgery conditions
2. Pre surgery conditions
3. CBR
4. Sports conditions therapy
5. Prevention
6. Medical management combination therapy
7. Orthotics and Prosthetics
8. Functional training/Mat Exercises
9. Compensation Therapy
10. Diagnostics for pathomechanics
11. Strength and conditioning
12. Sports training
13. Work and life training
14. Work conditioning
15. Modified work training and prescriptions
16. Disability evaluation
17. Non-operative conditions
18. Age and changes treatments
19. Ambulation evaluation and training

**Physiotherapy Rehab Clinic Rooms Arrangements**

| Post surgery conditions room | Pre surgery conditions room | CBR room | Sports conditions therapy room | **Store room ( Floor 1)** |
| --- | --- | --- | --- | --- |
| Prevention room | Medical management combination therapy room | Orthotics and Prosthetics room | Functional training/Mat Exercises room | **Mechanical Room ( Floor 2)** |
| Compensation Therapy room | Diagnostics for pathomechanics room | Strength and conditioning room | Sports training room | **Electrical Room (( Floor 3)** |
| Work and life training room | Work conditioning room | Modified work training and prescriptions room | Disability evaluation room | **CEO / Top Management Room ( Floor 4)** |
| Non-operative conditions room | Age and changes treatments room | Ambulation evaluation and training room | **Allied Therapy Room** | **Staff Room (Room 5)** |
| **Reception** | **Patient waiting room** | **Washrooms** | **Belongings room** | **Common Room (Floor 6)** |

**Inspired by Hospital Idea**

| Consultation room | Medical LAB room |
| --- | --- |
| Nursing Room | Pediatric Doctor room |
| MD Doctor Room | Neurologist room |
| OBG & Pediatrics Room | Orthopedic room |
| Surgical Doctor Room | Physiotherapy room |
| **Patient waiting room** | **Washrooms** |

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