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**SHANTHA GROUP OF INSTITUTIONS**

**SHANTHA PHYSIOTHERAPY COLLEGE (SCOP)**

**Types of Physiotherapy clinics**

**Physiotherapy clinics- Orthopedic & Sports**

1. **TKR and THR Clinics**
   1. Post surgery
   2. Pre surgery
   3. CBR
   4. Prevention
   5. Medical management combination therapy
   6. Orthotics and Prosthetics
   7. Functional training
   8. Compensation Therapy
   9. Diagnostics for pathomechanics
   10. Strength and conditioning
   11. Sports training
   12. Work and life training
   13. Work conditioning
   14. Modified work training and prescriptions
   15. Disability evaluation
   16. Non-operative conditions
   17. Age and changes treatments
   18. Ambulation evaluation and training
2. **Shoulder and knee and Ankle surgery clinics**

( Rotator Cuff surgery & Conditions, ACL Tear, Ankle ligament tear)

* 1. Post surgery
  2. Pre surgery
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  4. Prevention
  5. Medical management combination therapy
  6. Orthotics and Prosthetics
  7. Functional training
  8. Compensation Therapy
  9. Diagnostics for pathomechanics
  10. Strength and conditioning
  11. Sports training
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1. **Sports injuries clinics**

( Abdominal tear, Muscle tear, Wrist and hand muscle and soft tissue tear, Tennis & Golfers elbow, dislocations and bursitis)

* 1. Post surgery
  2. Pre surgery
  3. CBR
  4. Sports conditions therapy
  5. Prevention
  6. Medical management combination therapy
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  10. Diagnostics for pathomechanics
  11. Strength and conditioning
  12. Sports training
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1. **Fracture Clinic**

( Upper and lower extremity conditions)

* 1. Post surgery
  2. Pre surgery
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1. **Spine Clinic**

( Spinal segments, Spinal fracture, brachial plexus, lumbo-sacral plexus, medical conditions)

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  2. Pre surgery
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1. **Progressive Conditions and MSK Clinic**

( Myofascial conditions, Trigger points, Sprains and Strains, fasciotomy, work strains, MV accidents, whiplash)

* 1. Post surgery conditions
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  4. Sports conditions therapy
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  9. Compensation Therapy
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1. **Manipulation therapy clinic**

( Spinal derangements, Disc lesions & Surgeries, Spinal segment rotations, spinal muscle tear, spinal immobility, strains)

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**Neuro Physiotherapy Clinic**

1. **Spinal conditions clinic**

( Pott’s spine, spinal stabilization, spinal decompression, spinal deformities)

* 1. Post surgery conditions
  2. Pre surgery conditions
  3. CBR
  4. Sports conditions therapy
  5. Prevention
  6. Medical management combination therapy
  7. Orthotics and Prosthetics
  8. Functional training/Mat Exercises
  9. Compensation Therapy
  10. Diagnostics for pathomechanics
  11. Strength and conditioning
  12. Sports training
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1. **Spinal cord injuries clinic**

( SCI, Medical Spinal cord Injuries- arachnoiditis, brown sequard syndrome, cauda equina lesions)

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  9. Compensation Therapy
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1. **Head injury Clinic**

( Decorticate and decerebrate conditions, trauma, aneurysm, tumor, craniotomy- partial & Total, hydrocephalus, Cerebellar lesions, Brainstem Injuries)

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  9. Compensation Therapy
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1. **Peripheral nerve lesions clinic**

( GBS, Polio, Infective neuropathy, alcohol neuropathy, nerve lesions, deformities, ANS dysfunctions)

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  9. Compensation Therapy
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1. **Paralytic conditions clinic**

(Hemiplegia, paraplegia, diplegia,monoplegia, quadriplegia, tetraplegia, spastic and flaccid and atonic)

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  9. Compensation Therapy
  10. Diagnostics for pathomechanics
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1. **Infection clinic**

( bacterial meningitis, infective encephalitis, neurotoxicity, botulism)

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  9. Compensation Therapy
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1. **Psychiatry clinic**

(Autism, Asperger’s syndrome, down syndrome, genetic disorder, chromosome disorders)

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1. **Pediatric conditions clinic**

( Hydrocephalus, cerebral palsy, cerebellar dysfunctions, Mental retardations)

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  2. Pre surgery conditions
  3. CBR
  4. Sports conditions therapy
  5. Prevention
  6. Medical management combination therapy
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  9. Compensation Therapy
  10. Diagnostics for pathomechanics
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1. **Peripheral joint neuropathy clinic**

( Rheumatoid Arthritis, Stills Diseases, Pronator teres syndrome, meralgia prosthetics)

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1. **Balance & Trauma clinic**

( Trauma & Violence conditions, fall prevention, balance disorders, Parkinsonism)

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  2. Pre surgery conditions
  3. CBR
  4. Sports conditions therapy
  5. Prevention
  6. Medical management combination therapy
  7. Orthotics and Prosthetics
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  9. Compensation Therapy
  10. Diagnostics for pathomechanics
  11. Strength and conditioning
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**Cardio-Respiratory Physiotherapy Clinic**

(cardiac and Pulmonary Rehabilitation- IHD, Valvular disorders, Septal defects, Obesity, Obstructive, congestive, restrictive conditions )

1. Post surgery conditions
2. Pre surgery conditions
3. CBR
4. Sports conditions therapy
5. Prevention
6. Medical management combination therapy
7. Orthotics and Prosthetics
8. Functional training/Mat Exercises
9. Compensation Therapy
10. Diagnostics for pathomechanics
11. Strength and conditioning
12. Sports training
13. Work and life training
14. Work conditioning
15. Modified work training and prescriptions
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**Physiotherapy Rehab Clinic Rooms Arrangements**

| Post surgery conditions room | Pre surgery conditions room | CBR room | Sports conditions therapy room | **Store room ( Floor 1)** |
| --- | --- | --- | --- | --- |
| Prevention room | Medical management combination therapy room | Orthotics and Prosthetics room | Functional training/Mat Exercises room | **Mechanical Room ( Floor 2)** |
| Compensation Therapy room | Diagnostics for pathomechanics room | Strength and conditioning room | Sports training room | **Electrical Room (( Floor 3)** |
| Work and life training room | Work conditioning room | Modified work training and prescriptions room | Disability evaluation room | **CEO / Top Management Room ( Floor 4)** |
| Non-operative conditions room | Age and changes treatments room | Ambulation evaluation and training room | **Allied Therapy Room** | **Staff Room (Room 5)** |
| **Reception** | **Patient waiting room** | **Washrooms** | **Belongings room** | **Common Room (Floor 6)** |

**Inspired by Hospital Idea**

| Consultation room | Medical LAB room |
| --- | --- |
| Nursing Room | Pediatric Doctor room |
| MD Doctor Room | Neurologist room |
| OBG & Pediatrics Room | Orthopedic room |
| Surgical Doctor Room | Physiotherapy room |
| **Patient waiting room** | **Washrooms** |

**Prepared By**

**Dr. Suresh PT**

**Clinical PT- Principal**

**Shantha College OF Physiotherapy (SCOP)**

**SGI**

**Peresandra, Karnataka 562104**

[**sureshsakthivel.sgi@gmail.com**](mailto:sureshsakthivel.sgi@gmail.com)